

**James Edward Katz, M.D.**

**Featured in Delta Magazine! "Younger  
and Slimmer You"**

**Age Management Boston 2014**

# Featured in Delta Magazine! "Younger and Slimmer You"

*James Edward Katz, M.D.*

Our own Dr.Katz was featured in [this article](#), entitled "Younger and Slimmer You," found in the Delta Sky Miles magazine! It addresses hormonal balance as a component of healthy aging, a facet of care we handle deftly in our age management practice.